

Support for our patients: Help at home

Adult Social Care (Devon County Council)

If you live in the Teignbridge or South Devon area you can speak to the council directly if you have any queries around funded care and support at home as well as arranging a care needs assessment on **0345 155 1007** or email their team at **cdpsouthernassessmentreviewteam-mailbox@devon.gov.uk**.

Torbay Social Care Team

If you live in the Torbay area, the Torbay Social Care Team help with queries around funded care and support at home as well as arranging a care needs assessment. Visit **www.torbay.gov.uk/adult-social-care/contacting-asc** or call **01803 219700**. To speak to someone out of hours in an emergency, please call **0300 456 4876**. They also have a range of helpful resources on their website **www.torbay.gov.uk/adult-social-care**.

Intermediate Care Team

Intermediate Care is a service for people over the age of 18, who need an urgent short period of rehabilitation, treatment, or care. This may be due to a recent illness, a hospital stay, or a reduction in their ability to remain independent at home. The Newton Abbot (and surrounding areas) team can be reached on **0300 500 4042** (Monday – Friday) or **0300 456 4622** (weekends and bank holidays). Visit **www.torbayandsouthdevon.nhs.uk/services/healthy-ageing-and-frailty/health-and-wellbeing-teams** for a full list of the other teams covering Torbay and the rest of Devon.

Independent Living Centre

Advice on equipment, aids for daily living and mobility solutions. Telephone **01392 380181** or email **ilc-exeter@devon.gov.uk**. Visit **www.independentlivingcentre.org.uk** for more information.

Age UK Devon: information and advice service

The local Devon branch of Age UK can offer advice in relation to organising and paying for care and support. Age UK can also in-person support with completing the Attendance Allowance application. The helpline is **0333 241 2340** and their website is **www.ageuk.org.uk/devon**.

Age UK's national website also offers a range of helpful information and advice around paying and organising care: **www.ageuk.org.uk/information-advice/care/paying-for-care/paying-for-homecare**.

How to find care at home services

The Devon County Council website provides advice and guidance on finding support at home as well as a list of local care options: **www.devon.gov.uk/adult-social-care/independent-living/support-at-home/personal-care-at-home** or call the team for advice on **0345 155 1007**.

This website also provides a directory of local care services **www.communitycatalysts.co.uk/smallgoodstuff/directory**.