

## **Support for our patients: Children with additional needs**

### **Disabled Children's Service**

A specialist service which provides a range of support and services to disabled children, young people and their families across Devon. For more information about the type of support offered, visit [www.devon.gov.uk/education-and-families/send-local-offer/support-for-parents/disabled-childrens-service-dcs](http://www.devon.gov.uk/education-and-families/send-local-offer/support-for-parents/disabled-childrens-service-dcs). Information about how to request advice and/or an assessment can be found here, [www.devon.gov.uk/education-and-families/send-local-offer/support-for-parents/disabled-childrens-service-dcs/request-an-assessment](http://www.devon.gov.uk/education-and-families/send-local-offer/support-for-parents/disabled-childrens-service-dcs/request-an-assessment). You can also call the pre-referral and assessment consultation (PAC) line on **01392 385276** (option 1) to discuss an assessment request.

### **Devon Parent Carers**

Devon Parent Carers is service for parents caring for a child or children under 18 years of age who have special educational needs, a disability, long term illness or other additional needs. The service offers Parent Carers Skills Workshops, a quarterly e-newsletter and self-help resources. Parent Carers can also be referred for discounted short breaks with Carefree. Please visit [www.westbank.org.uk/devon-parent-carers](http://www.westbank.org.uk/devon-parent-carers) for further information.

### **DIAS**

The Devon Information, Advice and Support (DIAS) service provides an impartial, confidential and free service for parents, children and young people. They can help you to understand more about the SEND support that is available including the support your child should receive at school. For more information, visit [devonias.org.uk](http://devonias.org.uk) or call **01392 383080**.

### **Cerebra**

This organisation supports families of children with brain conditions who have complex medical, educational and social support needs. Cerebra provides guides, factsheets and other resources offer comprehensive and current information on a wide variety of issues – physical, social, sleep and legal – that parents and carers of children with brain conditions may be facing. For more information, visit [cerebra.org.uk/get-advice-support](http://cerebra.org.uk/get-advice-support) or call **0800 328 1159**.

### **Contact**

Contact is a charity that supports parents and carers of children with additional needs. This service offers advice and guidance around the Disability Living Allowance application process. For more information, visit [contact.org.uk/help-for-families/information-advice-services/benefits-financial-help/disability-living-allowance](http://contact.org.uk/help-for-families/information-advice-services/benefits-financial-help/disability-living-allowance) or call **0808 808 3555**.

## **Local support for neurodiverse adults, young people and children**

### **Autism Central – South-West Hub: Bristol Autism Support**

This programme provides high-quality and accessible autism information, education and coaching for families and carers before and after diagnosis. This service offers 1-2-1 support for families and more information can be found at [www.bristolautismsupport.org/autism-central](http://www.bristolautismsupport.org/autism-central), by calling **07835727394** or by email at [helpline@bristolautismsupport.org](mailto:helpline@bristolautismsupport.org). You can also self-refer for support using their online form.

### **Parent Support**

South West Autism Support offers a wide range of bespoke services to families and professionals across the South West of the UK. They can offer support to parents who need to make sense of their child's behaviours and difficulties. Practical help can also be given to parents whose child is diagnosed or awaiting diagnosis. There is a charge for this service, and you can find out more at [www.southwestautismsupport.com](http://www.southwestautismsupport.com) or by email at [southwestautism@gmail.com](mailto:southwestautism@gmail.com).

### **Autism and Us parent programme and Autism themed workshops**

Programme and themed workshops for parents/carers of Devon primary and secondary school children, pre or post-diagnosis. Attending the 'Autism & Us' parent programme gives you opportunity to develop your understanding of autism and look at practical solutions to managing and supporting your child's presenting needs, whilst also connecting with other parents/carers. For more information, email [educationlearnersupport@devon.gov.uk](mailto:educationlearnersupport@devon.gov.uk).

### **Calmer Lives**

A virtual service offering advice, guidance and support to neurodiverse families and individuals across the South West and beyond. Funded support can be accessed through Early Help or patients can contact them direct if able to pay privately. For more information, visit [www.calmerlives.co.uk](http://www.calmerlives.co.uk) or call **01392 360645**.

### **A Kind of Magic Animal Centre**

There is a small farm centre with animals near Kingskerswell that runs wellbeing events for families. Please visit [www.facebook.com/kofm16](https://www.facebook.com/kofm16) for more information and how to book a session. You can message the centre via the Facebook page to book a session or email [kofm@btinternet.com](mailto:kofm@btinternet.com).

### **Bale's Farm**

Bale's Farm offers a therapeutic outdoor learning provision for children between the ages of 5 and 19. They offer farm therapy sessions and fun days, and their website [www.balesfarm.org/outdoor-learning](http://www.balesfarm.org/outdoor-learning) and their Facebook Page is [www.facebook.com/Bales.Farm.Outdoor.Learning](https://www.facebook.com/Bales.Farm.Outdoor.Learning).

## **Activity groups/support groups**

### **Teignmouth Neurodivergent Hub**

A regular activity group for families and neuro-diverse children to meet and take part in activities for a wide range of ages. Sessions can include forest school, Saturday socials and a range of other activities. The group is based in Teignmouth, and their Facebook Page is [www.facebook.com/tneurohub](https://www.facebook.com/tneurohub), and their contact email address is [tneurohub@outlook.com](mailto:tneurohub@outlook.com).

### **Tissues for Issues Group**

This is a peer support group for parents who have children with additional needs. The group regularly runs events such as picnics, coffee mornings and a Youth Clubs. Members do not have to attend any of the face-to-face groups, and there is a private Facebook group to join to receive online support if preferred. More information is here [tissuesandissues.org/home](https://tissuesandissues.org/home), and you can also contact Jackie at **07796470009** or email [tissuesandissues@outlook.com](mailto:tissuesandissues@outlook.com).