

## **Support for our patients: Relationships**

### **Relate**

Relate are a national charity, providing affordable relationship counselling to couples, individuals, children, young people, and families. They offer zoom sessions remotely or face-to-face sessions. For more details, visit [www.relate.org.uk](http://www.relate.org.uk) or call **0300 003 2324**.

### **Marriage Care**

Marriage Care use a range of qualified counsellors and trainees to help couples (married or not) to build and sustain fulfilling, healthy relationships, to provide support in times of relationship difficulty. Visit [www.marriagecare.org.uk](http://www.marriagecare.org.uk) or call **0800 389 3801** for more information.

### **Proud2Be**

This organisation helps LGBTQIA+ people in Devon with a range of support groups, activity groups and 1-2-1 support. For more information, visit [www.proud2be.org.uk](http://www.proud2be.org.uk) or call **0333 772 1187**.