NHS

Support for our patients: Bereavement

Cruse Bereavement Support
Cruse offers support via the National Helpline **0808 808 1677**, or online via grief counsellors using the Cruse Chat service: **www.cruse.org.uk/get-support** . You can also contact the local Devon branch for further support: **www.cruse.org.uk/postcode-lookup**.

The Loss Foundation
This charity offers a range of support for those bereaved by a loved one's death from cancer, such as walks and talk events, grief support events, support groups and support workshops. For more information, visit **thelossfoundation.org** or call **0300 200 4112**.

Pete's Dragons
This is a charity that supports anyone bereaved by suicide. 1-2-1 support can be accessed from their hubs in Torbay or Exmouth. For more information, visit **www.petesdragons.org.uk** or call **01395 277 780**.

Rowcroft Bereavement Services
Trained Bereavement Volunteers provide counselling sessions and one-to-one support for relatives of those who were supported by Rowcroft Hospice at the end of their life.
Visit **rowcrofthospice.org.uk/how-we-can-help/hospice-care-south-devon/caring-relative-friend/bereavement** or call **01803 217403** for more information.

Talkworks: bereavement support service
Talkworks offer Prolonged Grief Disorder Therapy (PGDT), for people who are finding that their grief is significantly impacting their lives more than 6 months after their loss. Visit **www.talkworks.dpt.nhs.uk/what-we-can-help-with/what-is-prolonged-grief** to self-refer or call **0300 555 3344.**

Telephone Bereavement Support Service: Marie Curie
Marie Curie provides a bereavement service over the phone, and you can call free on **0800 090 2309** and ask for information about bereavement support. The service can match you with a trained volunteer who will provide regular bereavement support. For more information, visit **www.mariecurie.org.uk/services/bereavement-support-service** .

*Please also visit our **Mental Health** section of our website for further counselling services to help with bereavement.